

2025



Aging Well Symposium & Resource Fair

*Helping older adults and family caregivers
prepare for aging with clarity, compassion
and community*



www.agingwellca.com
info@agingwellca.com

Aging Well of CA is an independent organization and is not affiliated with any of the sponsoring companies. While we make every effort to review the participants in our program, we encourage you to research and contact multiple companies before making a decision to work with them—whether or not they are part of our program.

FOUNDER'S

MESSAGE



Luz Johnson

Founder, Aging Well of CA

It has been a blessing for me to see how **Aging Well** has been so helpful to so many people. I am convinced that the more information people have, the better decisions they can make.

My hope is that **Aging Well** will give you the tools to know what questions to ask, and what resources exist to make life less burdensome as you plan for your aging journey or take on the task of caring for a loved one.

Luz Johnson

TABLE OF CONTENTS

Founder's message	01
Aging Well Committee	03
Sponsors	04
Assisted Living	07
Community Center	08
Estate Attorney	08
Final Plans	09
Financial Services	10
Hospice	10
In Home Care	12
Medicare	13
Memory Care	15
Mortgage	16
Musician	17
Non profit	18
Notary Services	20
PACE Program	21
Photographer	22
Placement	22
Real Estate	24
Videographer	24
NOTES	26

THANK YOU
to our 2025 Committee!

accentCare.



Luz Johnson

 **LPL Financial**

Rose
**Senior
Placement** 

BREAKFAST SPONSOR



summerset
SENIOR LIVING



Embrace Every Chapter of Life with Confidence



Family-Owned & Operated



Restaurant Style Dining



Weekly Live Music



Pet Friendly



Here When You Need Us

➤ **Independent Living**

➤ **Assisted Living**

➤ **Memory Care**

➤ **Adaptive Care**

➤ **Respite Care**

Discover Summerset. Call or Visit Online Today.

916-619-0494

SummersetSeniorLiving.com

Our Communities: Lincoln & Rancho Cordova, CA • Reno, NV



Pet Friendly RCFE # 347005361

LUNCH SPONSOR

COMPLETE
CARE IN
ONE PLACE

**InnovAge is
all-inclusive care.
All with the
independence
to live at home.**



What is PACE?

InnovAge PACE is an innovative senior healthcare program that helps aging adults remain independent in their own homes. PACE stands for "Program of All-inclusive Care for the Elderly" and it is just what the name suggests. It's a customized approach that surrounds you with an all-inclusive care plan tailored to your needs and gives you peace of mind.

InnovAge PACE is comprehensive care at no cost with Medicare and Medi-Cal.



COORDINATED HEALTHCARE: Expert medical care team, primary care, emergency care and hospitalization.



SPECIALTY CARE: Dental, hearing, vision and foot care. Dentures, hearing aids and eyeglasses.



MEDICATION MANAGEMENT: Prescription and prescribed over-the-counter medications. (No co-pay)



IN-HOME ASSISTANCE: Medical care and personal care at home. Medical equipment and supplies.



SOCIAL ENGAGEMENT: Recreational activities, group events, nutritious meals and entertainment.



TRANSPORTATION: Unlimited approved transportation to and from the center and medical appointments.

For more information
please contact Jennifer Tremble

916-970-3176

InnovAge.com

InnovAge
Life on Your Terms

Adventist Health | **ESKATON**

InnovAge PACE - Sacramento
3870 Rosin Ct
Sacramento, CA 95834

SNACK SPONSOR



LOCAL CAREGIVER SUPPORT



Assisted Living



Jennifer Davis

SUMMERSET

jdavis@summersetsl.com

(408) 393-0886



Parveen Saroay

FAIR OAKS ESTATES

ed@fairoaksestates.com

(916) 583-1553

Community Center



ORANGEVALE PARKS AND REC

Info@ovparks.com
(916) 988-4373

Estate Attorney



DEVEREAUX ESTATE LAW, PC
BRADY DEVEREAUX, ESQ.
ESTATE PLANNING ATTORNEY

455 UNIVERSITY AVENUE
SUITE 240
SACRAMENTO, CA 95825

(916) 584-0404
BRADY@DEVEREAUXESTATELAW.COM
WWW.DEVEREAUXESTATELAW.COM

Final Plans



Nikki Shoup

MORGAN OAKS GREEN BURIAL

nicoles@morganoaksgreenburial.com
(916) 953-3943



Monte Leighton

NEPTUNE SOCIETY

monte.leighton@sci-us.com
(916) 261-4100

Financial Services



 **LPL Financial**

Luz Johnson

LPL FINANCIAL

luz.merazjohnson@lpl.com
(916) 241-3046

Hospice



Monarch

HOSPICE & PALLIATIVE CARE

Kenzi McCalister

MONARCH HOSPICE

nbonds@monarchhospicecare.com
(916) 604-2550

Hospice



**SANCTUARY
HOME HEALTH**
Your ally in healthcare

Angela Macadangdang

SANCTUARY HOME HEALTH & HOSPICE

amac@sanctuaryhh.com

(916) 952-6533



Bristol Hospice
embracing a reverence for life

Kelley Bailey

BRISTOL HOSPICE

kelley.bailey@bristolhospice.com

(530)828-8788

In Home Care

accentCare.

Francesca Zawaydeh

ACCENTCARE

francescazawaydeh@accentcare.com

916-358-0819



Cynthia Driver

LIVE WELL AT HOME

cynthia.driver@eskaton.org

(408) 767-1248

In Home Care



Christine Sorgman

SYNERGY HOMECARE ROSEVILLE

csorgman@synergyhomecare.com

916-899-5925

Medicare



Kristi Smith
Agent/Health Advocate
(916)601-4154
Kristi@krsmithinsurance.com
CA License# 4294484
Medicare Advantage Plans
Med Supp/Prescription Drug Plans/Dental/Vision/Hearing

Medicare



Gregory Dunham

CLARITY RIDGE INSURANCE SERVICES

greg@clarityrideins.com
(916) 226-3228



Susan Kenyon

KAISER PERMANENTE SENIOR ADVANTAGE

susan.k.kenyon@kp.org
(916) 947-1851

Memory Care



Kim Johnsen

COUNTRY HOUSE OF FOLSOM

kjohnsen@countryhouse.net

(916) 633-4329



Jane Scaparro

SUMMERFIELD OF ROSEVILLE MEMORY CARE

jscaparro@northstarsl.com

(916) 772-6500

Mortgage



At American Senior Lending, we understand that as life evolves, so do your financial needs. That's why we offer a wide range of mortgage products designed specifically for senior homeowners.

David Houghten
Mortgage Loan Originator
NMLS #965204

916-850-5300
dhoughten@americansenior.com

7777 Greenback Lane, Suite 205
Citrus Heights, CA 95610



Kristen Hewitt | Trusted Mortgage Advisor



📞 916.761.5605
✉️ kristenh@arborfg.com
🌐 Kristenhewittlending.com
NMLS: 255482

Mortgage



Live Better
FINANCIAL

Scott Roseveare

LIVE BETTER FINANCIAL

scott@livebetterfinancial.com
(415) 793-1988

Musician



Pete Schroeder

MUSICIAN

pssongs@gmail.com
(916) 899-3209

Non profit



Jennifer Sousa
ARTHRITIS FOUNDATION
jsousa@arthritis.org
(707) 321-7601



ARTISANMIND

Tiffany Ramirez
ARTISAN MIND
tiffany@artisanmind.org
(916) 792-3281

Non profit



Bex Rielly

REBUILDING TOGETHER SACRAMENTO

brielly@rebuildingtogethersacramento.org
(916) 455-1880

Thank You, Sacramento!

Because of support from
people like you, the
ALS Association can serve
300+ patients living with
ALS in Greater Sacramento



**Join the Sacramento
Walk to Defeat ALS**



Thomas Christian

thomas.christian@als.org
(415) 533-9091

Non profit



Kiwanis Club of Orangevale-Fair Oaks

We serve the needs of youth and families in the
Orangevale-Fair Oaks communities.
Our club meets the second Tuesday each month at 6pm,
at El Balcon Restaurant (formerly El Gallo) located at
11773 Fair Oaks Blvd, Fair Oaks, CA 95628

Susan Devon

susancdevon@gmail.com
(517) 331-6256



Michelle Nevins

DEL ORO CAREGIVER RESOURCE CENTER

crc@deloro.org
(916) 728-9333

Non profit

OV Women's Club and OV History Project

Marilyn Edwards

*Marilyn4OVhistory@gmail.com
(916) 764-6816*

Notary Service



Jennifer Callens

CALLENS MOBILE NOTARY

**callensmobilenotary@gmail.com
(916) 459-1506**

PACE Program



Jennifer Tremble

INNOVAGE

jttremble@innovage.com

(916) 272-4495

PACE Program



Victoria Harling

WELBE HEALTH

victoria.harling@welbehealth.com

(916) 947-6763

Photographer



Jessica Neves

hello@jessicanevesphotography.com
(916) 848-8765

Placement



Cyndi Rose

Rose Senior Placement

cyndi@roseseniiorplacement.com
(916) 582-1654

Placement



Christine Grmolyes
SENIOR CARE SOLUTIONS
christine@seniorcs.com
(916) 965-5565



Senior Placement
Care Management
Medi-Cal and VA Consulting
Grief Coaching
AI Powered Caregiving
Support System
Community Resources,
Referrals & Advocacy

Rebecca Johnson, BSW
Your Elder Care Specialist

☎ (916) 821-8378

📍 5170 GoldenFoothills
Parkway
El Dorado Hills, CA 95762

Eldercare916@gmail.com
youreldercarespecialist.com

Free Consultation

Real Estate



Lisa Linares

WESELY & ASSOCIATES REAL ESTATE SERVICES

lisaalinares@gmail.com

(916) 956-4745

Videographer



GREG NEMER

Filmmaker



+303-880-2323



Greg@SacredFamilyStories.com



www.SacredFamilyStories.com



7329 Law Court, Orangevale
CA, 95662

Adult Day Care Health Center



Jillien Erdman

TOWN SQUARE ADULT DAY CARE

jerdman@seniorhelpers.com

(916) 461-4123

In Home Care



Seniors Helping Seniors®

...A WAY TO GIVE AND TO RECEIVE®

Shannon Huntress

SENIORS HELPING SENIORS

care@greatersacramentoshs.com

916-277-8840

Non-Profit

Jodi Mesa

AGENCY
ON AGING
AREA 4

AGENCY ON AGING AREA 4

jmesa@agencyonaging4.org

(916) 509-0938

Event Sponsors

Luz Johnson

 **LPL Financial**



Special thanks to

For the marketing and production



For the special details in honoring our seniors



NOTES

Thank you for joining us!

*See you
Next Year!*